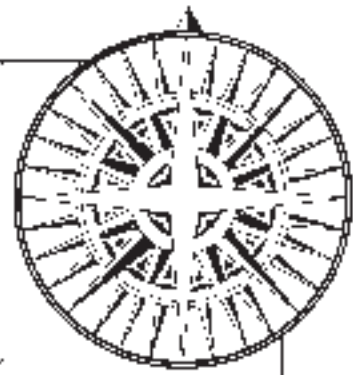




Compass

THE BOULDER GROUP NEWSLETTER



Volume XXVII Number 10

October 2011

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Adventure on Mt. Princeton

-- Contributed by Clare E. Reda

The following is an account of a near-epic that occurred on Mt. Princeton. For a complete detailed account, visit <http://blog.climbergirl.com/2009/08/23/day-hike-mt-princeton/>

My back had still not recovered from the injury, so I decided to spend one more weekend above treeline, bagging peaks. My friend Kris mentioned Mt. Princeton, and I thought, "Why not, we were just up Columbia and Harvard!"

As Gerry Roach says, "Princeton is the southernmost and most visible of the Collegiate fourteeners. As you descend west into the Arkansas River Valley, on U.S. 285, Princeton stares you smack in the face for many miles. You cannot ignore its gaze."

Princeton stared us smack in the face and then delivered a sly and wicked lovetap. It passively allowed us access to the summit, then aggressively spit us

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Editor's Note

Many thanks to Clare E. Reda, Boulder trip leader for sharing her compelling account of a near-epic atop Mt. Princeton. Clare makes some excellent observations about trusting your own intuition in a situation like this.

Registration for the BMS Winter Schools is starting soon. Check out the offerings on page 8. And don't forget about the Annual Dinner in November! We still need help planning the event. For this and other volunteer opportunities, check out page 2.

— Donna Marino
Compass Editor



Clare checking out the topography

Chair's Report

Autumn is no longer a vague hint but, rather, has arrived in its glory! The wave of seasonal change is occurring hand-in-hand with the stirrings of transformation within the Boulder Group of CMC.

This is an exciting time for me, as I get to enjoy two more months in my role as Council Chair and my remaining time promises to be filled with very rewarding and enjoyable activities. One of the rewards has been seeing that our group is being very soundly financially managed. I'm grateful to Dick Munro and to Geoff Murphy, our Group Treasurer and BMS Committee Treasurer, as well as to all of Council and BMS for helping us to finalize our fiscal year budgets for the coming year. They have also worked diligently to get us through the State's year-end audit procedures required of us as of the September 30 end of our fiscal year.

I'm also eagerly anticipating the impending move to our new clubroom, near the current clubroom, in between H&R Block & Neptune's. As part of our Clubroom move, I'm extremely excited to announce that we are getting a professionally designed illuminated sign with the CMC Logo & our full name "Colorado Mountain Club." This will be installed on the façade above the new clubroom entrance. This sign will enable countless people on a daily basis to learn of our Club's existence from many locations in Table Mesa Shopping Center and even passing by from the street. I can't count how many times people have approached me when I was going into or out of one of our clubrooms and commented, "Gosh, I've lived here for years and didn't even know Colorado Mountain Club was here." Our new sign will proudly and professionally announce our presence!

Another truly enjoyable part of my remaining term as Chair is helping plan our Annual Dinner, Meeting, and Presentation, which is on Saturday November 5. Monica DeWitt is proving an amazingly capable and organized Annual Dinner Coordinator and our plans are well underway for the event. I've been honored to collaborate with our keynote speaker, David Robertson, and details about his presentation at the dinner are presented

in a separate article in this issue. I am also very proud to have recently learned that not just one, but two Boulder Group members will be recipients of two of the highest State CMC awards this year. I urge you all to come to the dinner so you can learn who they are!

Meanwhile, as fall's wave of change is clearly in the air, the stirrings of the coming of a new regime for our Boulder Group are also very evident. I am so encouraged that our Vice Chair, Roger Drake, is demonstrating that he is eloquently prepared to shift into his role as Chair. Roger, along with the rest of the Council's Nominating Committee, has identified many encouraging candidates for Council offices and Committee Chair positions which need to be filled for next year. I am very confident that not only will my last two months in office be fruitful, but that Council will be in exceptionally good hands in the following year.

Respectfully submitted,
– Janine Fugere, Boulder Chair

Volunteer Opportunities

Looking for a Hiking School Director

A new Hiking School Director is needed for the Boulder Mountaineering Schools. The Hiking School covers Hiking & Survival Essentials, Hiking Navigation, Backpacking School, & GPS Navigation. The Hiking School Director works with the BMS Director to set dates for the schools, coordinates instructors & assistants for the lectures, and coordinates Trip Leaders & assistants for the Field Trips. An extensive support system of volunteers for these positions is in place. The Fall 2011 schools have all been planned and scheduled and have just begun. Ideally, now is the perfect time for a new Director to step into the role to observe the Fall Schools, and then later receive guidance and training from past Hiking School Directors and long-standing volunteers to plan the Spring/Summer 2012 Schools. If you, or anyone you know is interested, please contact Janine Fugere at chair@cmcboulder.org or Brenda Leach at bms@cmcboulder.org.

Clubroom Manager Needed

After many years of dedicated service to the Boulder Group, Sheila Delamere is retiring. This is a volunteer position on Council and the work is being shared to simplify the manager's job. The main duty is scheduling our volunteer hosts for Tuesday - Thursday evenings. Other duties are attending our Council meeting once per month, maintaining clubroom supplies, sending out the new member welcome letters and supervising the general running of the clubroom. If you are interested or know anyone who is, please contact chair@cmcboulder.org.

Annual Dinner: Call for Volunteers

Volunteers are needed to help organize and staff the Boulder Group Annual Dinner on Saturday, November 5, from 5-9:30 pm. Huge thanks to Monica DeWitt for stepping up as the Annual Dinner Coordinator. Contact Monica at dinnerhelp@cmcboulder.org if you can help.

compass

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Website: cmcboulder.org

All Boulder members automatically receive the Compass via email.

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

DISCLAIMER

Events published in the Compass are for informational purposes only. They are not endorsed by the Boulder Group of the CMC except for the events that are explicitly led, taught or instructed by the Boulder Group. The Boulder Group of the CMC makes no assessment as to their merits. Participants are advised to make their own assessment as to whether to participate in these events.

October 2011 Trips & Activities

Editor's note: The following is a list of BCMC trips and events for the month. It is possible that trips may change or be posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: cmcboulder.org/Trips.

To view trips online and register:

- ▶ Browse to www.cmc.org
- ▶ Login with your CMC member number and password. For first time users, the default password is your ZIP code.
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
- ▶ Schools require previous signup. Info at www.cmcboulder.org

Wednesday, October 5

After Work Social Hike

A relaxing, slow-to-moderate paced, 1 hour hike close to Boulder. Don't call -- just show up before 6 pm at the Boulder Group Club Room. Be prepared for any weather with good footwear, water and a light. Optional end-of-season after-hike potluck. Leader: Steven Haymes

Friday, October 7

West Ridge /Eldorado Canyon - II Climb
Moderate Rock Climb

"The West Ridge is an amazing, diagonal cliff band, far wider than tall, with an enormous variety of climbing on SW-facing Fountain Formation sandstone."-MountainProject

Prepare to fight gravity: Bring a climbing harness, belay device, shoes, and a helmet. Pack a lunch. If weather permits, we will be out all day. Leader: Clare E Reda, fightgravity4evr@yahoo.com

Saturday, October 15

Ouzel Falls, Moderate A,
Casual, On Trail

Hike on good trail in Wild Basin passing Calypso Cascades on the way to picturesque Ouzel Falls named after the interesting water dipper bird.

Leader: Lorna D Greeno.

Leave message at 303-980-0473.

Sunday, October 16

Onoclea /East Face - I Climb (5.3)

This fine 450' Flatiron Classic ascends the second tower on the western layer of the Fern Canyon slabs. Climb 3-4 pitches to a spectacular perch overlooking the Fern Canyon Trail and with views of the Nebel Horn summit. Leader: Eileen Monyok, eileen_m50@hotmail.com or 303-530-4321.

Sunday, October 23

Hillbilly Heaven - I Climb (5.2)

Trad climbing Hillbilly Rock and the last two pitches of Stairway to Heaven. Looking for three trip participants. Hike in is relatively long and can be strenuous. Start time 8 AM, expected to be done by 4-5 PM. Led by Jeffrey Boring. To sign up, contact trip co-leader, Mike Anstett at mike.anstett@gmail.com.

Coming in November

Boulder CMC Open House

Nov 16th, 7-8 pm

At the clubroom, around the corner from Neptune's

Inviting new and prospective CMC members to learn more about the club and its many classes, trips, and activities. Experienced members will be on hand to share their enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, snow shoeing, cross-country skiing, and more. Bring a friend!



out on the opposite end from whence we came. Beware the subtle, twisted, and tangled nature of the many high ridges of Princeton!

I woke up at 3:15 a.m. Sunday, to the sound of the cell phone alarm. I shut it off, and then went through the rote motions. Brush teeth, put clothes on, load up the car with gear, grab wallet, slurp coffee, and remember sunglasses. It's dark (no doubt!) at 3:30 a.m., so I've learned to doubly remind myself to bring them!

I made it to Kris's place a little after 4am, and we set off in the car. I was so relieved he was driving. My brain just barely operates at that time, it was a miracle I made it to his house!

We zipped through the mountain roads, while his wonder dawg, Pavi slipped into the land of doggy dreams. Her little paws crossed, head rested over the top. On occasion, I could see her front paws twitch and her ears perk up.

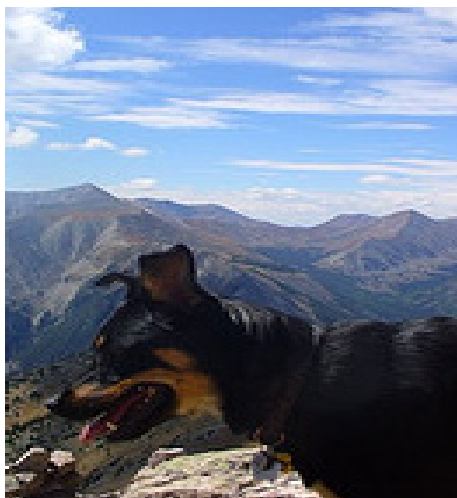
We made it to the pullout for Mt. Princeton sometime around 7 am. The trailhead for Grouse Canyon is not as well marked as the other trailheads I've seen. We followed the directions and I know we were in the right spot, because when we arrived, there was a couple camping out right there.

We had a quick snack and then headed off. It would be my first attempt at a 14'er in my VFFs, so I was excited. *[Editor's Note: VFFs are Vibram Five Finger shoes]*

We walked down a gravelly, slowly deteriorating road, until we reached its end. A trail faintly meandered up a very lush and verdant Grouse Canyon. At times, I wondered if we were off route because the trail so closely followed Grouse Creek. We could feel the spray from the little waterfalls, and the cool humidity was so refreshing.

As the sun slowly came up, it became quite muggy in Grouse Canyon, and I was happy we were walking fast. I walked through endless corridors of spider webs, strung up between fronds of ferns. I felt like I was in a tropical and exotic location, not in the mountains of Colorado!

Kris & Pavi seemed to be really enjoying the hike, as we ascended up the canyon. Pavi's tail was like a ship's propeller, in a constant blur of joyful motion. After about two hours of hiking, the canyon and side drainage faded away below, and we followed a rocky gully which grew ever steeper.



Pavi, about to summit

The rock gully began at just below treeline, and there were a collection of cairns once we emerged from the jungle.

The climb up to Princeton's southwest ridge was fairly intense. It wasn't as hard as Columbia's scree slopes, but it was a little more confusing. The trail was not very established -- you just have to figure out the best way through the cacti and goes up. Trekking poles are a big plus on this ridge. Putting a hand down on the prickly slope would be a risky and painful endeavor.

I believe it took us another hour to gain the ridgeline from the start of the Rocky Gully at treeline.

The ridge itself is very pretty; the views are jaw dropping. I really enjoyed this part of the hike; it was the best part of the day (in hindsight)!

We were smart enough to not go all the way up point 13,971. We skirted around the side of it, and completed the traverse to Mt. Princeton.



Mt. Princeton from the traverse

The traverse to Princeton is not very well marked. There were only a few cairns along the way. I'm guessing not much traffic follows the Southwest Ridge, as compared to the Eastern Slopes route.

We navigated along steep scree and boulders, looking for the best way to the summit ridge of Princeton. It was not as obvious as Mr. Roach makes it sound!

It took about two hours for the traverse to the summit of Mt. Princeton. We summited between 12 and 1pm. We had lunch at the top, did some yoga, and took some pictures.

A man and his son were out from the midwest on a summer vacation, and mentioned it was their first 14'er. I said, "BRAVO!" The young son was probably around 14, lanky and subdued (compared to Dad, who was super psyched).

We signed the summit register, and then noted the clouds building. Time to head down!

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Compass Ad Rates

| | |
|---|--------------------|
| \$245 | full page |
| \$150 | half page |
| \$90 | quarter page |
| \$55 | eighth page |
| \$45 | business card 2x3" |
| - ads must be prepaid | |
| - can be black and white or color in PDF or JPG format. | |
| - contact: compass@cmcboulder.org | |

On the way back, a group of four (who had followed us on the way up) began boot skiing down from the Mt. Princeton summit ridge. Kris and I were both confused because this was not the way we had come; in fact it wasn't even close to the spot we had come up!

I don't know how that group made it back to their car because the valley they would have ended up in is not the one we came from! In fact, it looked like the end of the valley they descended turns into a cliff. I think it turns into the Chalk Bluffs...but who knows? I half expected to hear about them on the evening news, "Lost hikers..."

We made a mental note to stay alert, and began looking for the route back. We traversed very nearly the same way we came up, with a few minor variations. When we got to the base of point 13,971, however, we were quite confused.

We didn't see any of the cairns or trails we had seen coming down, and so we took a break. Clouds and wind and bits of spitting rain greeted us at this point just up from the saddle. The weather added to the tension about finding our way down. By now, it was nearing 3 pm, and time was a factor.

I wanted to go up to the top of the point, because I believed that from the top, we would be able to best see the way back. Kris thought we should go to the right.

I thought it would be best for us as a team to formulate a plan and go with it, instead of wasting too much time standing there. Whatever happened, I felt we should be firm in our decision. I was feeling unsure, so I was all too happy to yield to Kris.

He bounded down the right side of the point and I followed. Unfortunately, we did not realize we were heading North, when we needed to be going South.

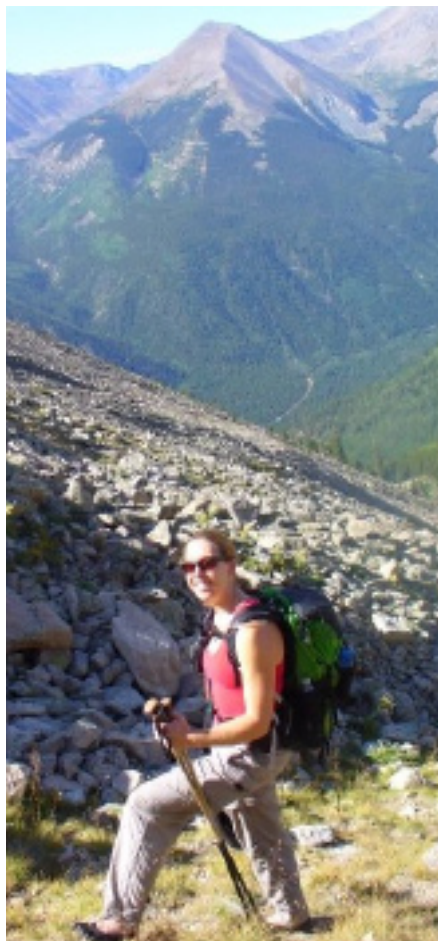
It was really deceiving because the sun was shaded by clouds overhead, and it was very nearly directly over us...it was difficult to get a bearing. Looking at a map was no help either, as we appeared to be on *a* ridge...at about the right altitude.

Some of the hike ahead was looking familiar, but some did not. At times I felt very uneasy. However, we had so much faith in our decision; foreign things were made to look familiar by our brain's desire for continuity. I also think the altitude and exhaustion were taking their toll.

We paused after about an hour of downclimbing the ridge. We looked at pictures in our cameras in a vain attempt to determine our location. We couldn't make sense of the situation, but now it was 5 pm and we could see a road with a lake off in the distance.

I thought to myself, "I don't have a clue where we are, but if we could just make it to that road, we could figure it out."

I was a little stressed, because picking the right canyon to go down would be essential to getting back. Some canyons cliff out, some roads are privately owned, and some ranches are protected with electric fences and hostile gun wielding ranchers. Who knew what the near future held?



Kris was starting to slow down, and the steep grades we were descending were ultra tough on his knees. I cheered him on and tried to stay positive.

At one point, I made him eat something because he had not eaten in awhile. Pavi was also starting to tire. She was also thirsty, so I gave her a little of my water. (I could hear water in the distance, so I knew she would be okay in a short while.)

On the final ridge, just above treeline, we ran into a group of mountain goats. They were grazing and sauntered away from us as we approached.

About this time, I realized that my camera was missing, I had left it about 800 feet up the slope! It was nearing 6 pm, so I just thought it was best to leave it up there. What's a camera compared to a life?

I know that sounds dramatic, but that's what I was thinking at the time.

It was late, and we didn't know where we were. I didn't want to spend the night up there. If we had to, I think we would have made it. But, it would have been really uncomfortable and worrisome to those who were expecting us home.

What I was *more* concerned with was the physical state of Kris and Pavi. The two of them were starting to walk like drunkards.

I was also having a hard time staying mentally alert after 12 hours of hiking! I decided at around 6:30 pm to take off the VFFs and put on my hiking boots. I had been wearing the VFFs all day, and my ankles were starting to give out on me, as we were descending the scree and rock filled gully.

We entered into the gully with weary trepidation. I once saw a Survivalman episode where he says, "If you get lost, follow water, it will more than likely take you to civilization." So, we trounced down the gully, following what would be water (if it wasn't the end of summer).

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I noticed several gullies around us starting to form, so we took the ridge in the middle. Being on a high point would allow us to make a better decision, if we needed to pick a more navigable line.

Unfortunately, the ridge turned into a precipitous cliff and we had a choice. Either go back up about 400 feet and then back down in a gully, or climb down a 4th class scramble.

We had a conversation and I opted to try the 4th class bit. I could see a creek down below, and there looked to be a nice walking space next to it. IF ONLY we could reach the creek without breaking ourselves to bits!

I walked backwards slowly and deliberately down the slab until I got to a steep, scree covered rock band. I then threw myself down on my bum and slid for about 30 feet down the steep face. I kept my feet in front of me with my knees bent in anticipation. I came to a stop about 5 feet from a pine tree, which blocked me from splashing into the creek.

Whew! Relief. Followed by a big Woo-hoo! I made it!

Now, Kris's turn. I looked up at him and he looked pale. I told him to toss his poles down, and he did. Next, he put the dog on his lap and slid down. I was praying he wouldn't twist his ankle or get hurt. When he came to a stop, we shouted out with happiness.

Now, if only this creek didn't turn into a waterfall or a raging river!

We followed the water for about 30 minutes, until we came to a large holding tank. When we saw the holding tank, I figured we'd be okay because somebody had to haul that thing up there...yeah, no cliffs or waterfalls or raging rivers!

Around 7:15 pm we ran into a 4wd trail, and we saw human tracks for the first time since 2 pm that day. What a huge relief.

Now, if only we knew which direction to go to get back to the car! We emerged

from the forest like waterlogged cats, slouching and slogging to a dirt road; exhausted from the effort of escaping the high country.

The road ended up being the road for Cottonwood Lakes Campsite (about eight miles from Buena Vista!) We were able to deduce the error we made earlier in the day; we went north instead of south.

We were more confused than ever about how exactly this had happened, but we were relieved because we were out of the mountains.

We met the Cottonwood Campsite host, a grumpy dude named Ron. We had interrupted his enjoyment of the Poker Championships on TV, and he was half-way into his third Bourbon for the evening, when we showed up at his camper. In addition to being grumpy, Ron was not at all happy that Pavi was roaming unleashed and he gave us a lecture about Forest Service dog policy.

I broke down in tears because of all the impending stress we had just been through. I couldn't believe Ron was being so stern when I explained to him that just an hour ago, I imagined spending the night out in the wild...When the tears flowed, the old slightly drunk guy softened up and offered us water and the use of his cell phone. How nice. He would drive us back, but he'd been drinking...and so forth.

Around 7:45 p.m., Kris and I headed down the road with our thumbs out. A really nice driver picked us up and drove us back to the car, stopping in Buena Vista for sandwiches.

We got back to our car around 8:30 p.m. and headed back to Denver. I had a difficult time staying awake on the drive back, and I don't know how Kris managed to drive.

I got home around 11:30pm, 20 hours after I left! We estimate we hiked 10 miles.

What a day! Success, Failure, and a HUGE list of Lessons Learned.

Lessons Learned

One thing I'm proud about is that even when we were confused and knew we were lost, we never lost respect for one another. Many people would have blown up and become angry or even ended a friendship. But, this experience (for both of us) was a real eye opener in a positive and motivational way.

Kris ended up learning a lot more about his GPS device (even cracking open the User's Guide and installing waypoints before the next time out). I made a resolution to honor my intuition, trust my brain and memory, and ask for the other person to explain what they're seeing (whether they're looking at a map or a GPS device). If a person can't give a reasonable explanation or interpretation of the topography/direction, then this will be a big clue to not rely solely on their opinion.

In the end, I gained a certain amount of confidence from knowing I had safely and successfully navigated us back to civilization while at the same time monitoring Kris's health. During the last few hours, he was not capable of caring for himself, he had grown weary physically and was mentally drained. I was able to help improve his condition by making him eat and drink at regular intervals. He immediately started doing better. I also made him tighten his boots as the laces had loosened so his feet were slopping around.

At a social get together, months later, I overheard him say something to the effect of, "I would follow Clare anywhere, she is absolutely hands down one of the best people I have ever hiked with."

And, I think, that might sum up one of the issues with Kris -- an overconfidence in a partner's ability to compensate for things lacking in himself. We were both extremely lucky the weather did not materialize into a storm and that the drainage we followed did not cliff out. Those were two things I definitely could not have overcome!

On the Leadership Front

- submitted by Cindy Gagnon

Did you know that one of the requirements for all CMC leaders is to stay current with up-to-date leadership policies and procedures for CMC trip leading? When is the last time you reviewed the CMC Trip leader manual? A new edition was published in June 2011 and can be found on the CMC website:

<http://www.cmc.org/members/docs/LeaderManual.pdf>, and highlights the current policies and procedures that all CMC leaders (existing and new) must be aware of. There are many changes in the new manual, and I'd like to highlight a few key ones related to Incident Reporting and Emergency Procedures.

Incident, Injury or Illness Reporting

Did you know that you as a trip leader, you are required to fill out a form after a trip whenever there is an incident, injury or illness? An incident is defined as an event (action or situation) or sequence of events or circumstance that results in a potentially dangerous situation, an injury, an illness, damage to property or a near miss. (Note the biggest change here is "NEAR MISS") CMC Trip Leaders are required to complete and submit an 'Incident/Injury/Illness Report Form, if in the course of any CMC activity, an injury or incident occurs that meets any of the following criteria:

1. The accident or incident response involves the use of Emergency Medical System (police, hospital, emergency response, search and rescue, etc.)
2. A participant involved in the accident or incident receives professional medical care to the knowledge of the leader, is recommended professional medical care by the leader, or refuses the offer or recommendation of professional medical care.
3. The accident results in a fatality, either at the accident scene or later as a result of the accident.

In cases involving potentially life threatening or disabling injuries or in the case of a fatality, the emergency communication procedure outlined in the CMC Emergency Action Plan (see below) must be used. Failure to complete required forms may affect CMC liability coverage for the leader.

CMC Trip Leaders are encouraged to file an incident report under other circumstances, including minor injuries, incidents, and "near misses" when an accident did not actually occur. A leader may file an incident report under other circumstances at his or her discretion. The State Safety and Leadership Committee encourage leaders to report all incidents, even those that did not have major consequences. One reason for doing so is to ensure leader liability insurance coverage for consequences from an accident or incident that the leader may not have been aware of at the time.

The CMC State Safety and Leadership Committee collects the incident information from all CMC leaders and compiles an annual safety analysis. By making incident information available, the CMC can provide a valuable learning experience for all leaders. The review of case studies based on real incidents has proven to be a useful tool in improving both participant safety and enjoyment on CMC activities. Leaders should be assured that the confidentiality of participant and leader names and other details is maintained. The CMC Accident and Incident Report Form can be found at www.CMC.org on the leader resources page http://www.cmc.org/incident_form

Emergency Procedures and Contact Information for Trip Leaders

The CMC has an emergency call service that is available 24 hours every day: (269) 384-1056. Call anytime, day or night. Collect calls are accepted. If you need to call 911, also contact the CMC emergency call service at (269) 384-1056 as soon as possible after you call 911. The CMC call service will put you on hold and patch the call through to the CMC's Chief Executive Officer (education director, or president if CEO is not available.) This may take several minutes; stay on the line if possible. If you get disconnected, wait by the phone until you hear from the CMC or call again. Remember, the CMC's Chief Executive Officer will communicate with the family in case of life-threatening injury or fatality of a member or guest. In addition, the CMC's Chief Executive Officer (CEO), is the only spokesperson authorized to speak with the press. Do not answer questions or comment to

press without the CEO's approval. If a reporter approaches you, simply say that you need them to speak with the CEO, who will answer their questions as soon as possible. Also in this time of social media craze, also request trip participants to not communicate the incident through any other social media communications such as twitter, facebook etc. I doubt any of us would want to receive a tweet or see a youtube video of an incident about a loved one being injured on a trip prior to being contacted by an authority.

All existing trip leaders should have received a laminated card in the mail in the past month that lists the phone number for CMC Emergency Call Service and details the information that you should relay. In addition, on the back of the laminated card is the outline for Emergency Procedures that all trip leaders. Please read through the enclosed laminated card and carry it with you on all your CMC trips. My secret... keep the laminated card in your bag of 10 essentials, so you'll always have it on every trip. If you have not received this card, please contact Cindy at safety@cmcboulder.org

In a nutshell, if someone on your trip requires professional care (doctor, ambulance, etc.) or if there is a "near miss" that could have been disastrous, you as the leader are for reporting the incident by completing a form and sending it in to your Safety Chair and the CMC. In addition, in cases involving potentially life threatening or disabling injuries or in the case of a fatality, the emergency communication procedure outlined in the CMC Emergency Action Plan (see below) must be followed by all trip leaders. Failure to complete required forms and follow procedures may affect CMC liability coverage for the leader.

First Aid Classes Offered

The Boulder and Denver Group each have courses available to members this coming fall.

Boulder Group Training Schedule is:

- Thursday, Oct 20. Leadership Seminar, 6-10pm (requires additional at home online training to be completed no later than Oct 15).
- Wednesday, Nov 2, Adult CPR, 6-10pm
- Saturday, Nov 12 & Sunday, Nov 13 Wilderness First Aid. 8am - 6pm. Certification is through the American Safety and Health Institute which is valid for three years.

Denver Group Training Schedule is:

- Thursday, Sept 15. Leadership Seminar 6:30-9:30 (requires additional at home online training to be completed prior to the course).
- Wilderness First Aid (Oct 3,10,17 6:30-9:30) & Oct 22 8-3pm.

To sign-up for any of the Boulder Group Training, please contact Cindy at safety@cmcboulder.org. Signup for the Denver Group training is available online. Our hope is that all leaders will take the time over the next few years to update both their leadership and first aid training skills.

Advanced Mountaineering School, Winter 2012

Come learn how to successfully plan your own winter mountain climbs and trips to high mountains where winter conditions prevail! School takes place in January / February 2012 and includes four field trips and six lectures, covering crevasse rescue, glacier travel, snow shelters, ice climbing, expedition planning, and training for expeditions. Applications are due Monday, October 31 and can be found at <http://www.cmcboulder.org/bms/applicationForms/amsApp.pdf>. If space is still available after that time, applicants can apply through November 30. For details, see <http://www.cmcboulder.org/bms/ams.html>. If you have questions, please contact the director Val Hovland at ams@cmcboulder.org

2011-2012 BMS Winter Schools Program

The snow has started to fall in the mountains, and it's time to start planning for your Winter Activities to take advantage of yet another La Nina Winter. BMS will again be sponsoring a number of clinics and schools throughout the winter. Signups begin in person on Nov 1, 7 p.m. at the Boulder Group Clubroom. This is your opportunity to meet the instructors, ask questions, and make sure you get in on the popular classes. Online signups start Nov 3rd.

On tap for the 2011-2012 winter season are: December 2011: Avalanche Level 1 and Telemark Skiing; January 2012: Ice School, Winter Camping, and Cross Country. Also starting in January 2012 are the multi-week advanced schools include Advanced Mountaineering School and Tele/AT Backcountry Skiing School. In March, Ski Mountaineering School will again headline. Details on the entire winter program can be found on the website at <http://cmcboulder.org/bms/winterSchedule.html>

We are also looking for instructors for all the schools. If you would like to get involved in teaching any of the winter schools, please contact Cindy at bms@cmcboulder.org with info on what you'd like to teach. We'd love to have you.

Subscribe to the Boulder Group's Weekly e-GPS Newsletter

Would you like to receive notices on courses, presentations, news and events for the Boulder Group, CMC and all around the Boulder/Denver area? If so, then subscribe to the Boulder Group's e-GPS newsletter! The current issue may always be found at <http://www.cmcboulder.org/docs/GPS/Current-GPS.htm>. To subscribe and receive the e-GPS through a weekly email, follow the directions at <http://lists.cmcboulder.org/listinfo.cgi/e-gps-cmcboulder.org>.

Call for Fall Trips and Leaders: Hikes and Rock Climbs

Fall is approaching, and it's time to enjoy hiking and climbing trips with the most beautiful weather that Colorado offers. The Outings Committee is calling on trip leaders to submit some hiking and rock climb trips. Trips scheduled for October and November will be especially helpful for recent graduates of the Hiking and Basic Rock Schools. Hiking School graduates will be eager to apply their newly acquired trekking and navigation skills. Basic Rock School graduates will be especially interested in signing up for easier rock climb trips, where they can advance their climbing and rappelling skills. Please submit your trips on-line or e-mail us at outings@cmcboulder.org.

Clubroom Hosts Needed

The clubroom is hosted by volunteers three evenings per week from 5 to 7 pm.

We need two new hosts to complete our roster. This involves one evening every four weeks. This is a great and easy way to help support the Group.

To find out more, contact Janine at chair@cmcboulder.org

Radical Reels Comes to the AMC

The most outrageous films from the Banff Mountain Film Festival will thrill and inspire you with big-screen adventures when Radical Reels comes to the American Mountaineering Center on October 6 and 7. Each evening features the same lineup of great films, so buy your tickets early for either the Thursday or Friday night screening, and hang onto your seats for the world's best skiing, boarding, climbing, and kayaking films. Showtime is 7PM each night; tickets \$10 at the CMC, online at www.cmc.org/rad, or at REI Denver locations. This event will sell out!

Boulder CMC's Annual Meeting & Dinner

David Robertson will recount his ski expedition across the Juneau ice fields of Alaska at Boulder CMC's Annual Dinner & Meeting on Saturday, November 5!

Please be sure to save the date and join us at one of our favorite Boulder CMC events of the year, our Annual Dinner, Meeting & Presentation at the Avalon Ballroom in Boulder.

This year the Boulder Group is honored to present David Robertson as our keynote speaker. Dave will share photos and memories of his extraordinary 1969 skiing expedition across the Juneau Ice Fields of Alaska. His presentation will recount this ten day ski trip which Dave shared with Harry Waldrop, Walt Gove, and Loren Adkin, which to their knowledge, was the first trip of its kind at that time.

Dave has been a Colorado Mountain Club member since 1956 and has served in many capacities and leadership roles over the years, including serving as Chairman of the CMC Conservation Committee for five years. Dave also has a passion for Alaska, having children and grandchildren who live there, and he is on the Board of Directors of the Alaska Conservation Foundation.

Harry Waldrop, whose father, Gayle, was chair of the CU Journalism Department, was Chair of the Boulder Group when the Brainard Cabin was built. After Harry was killed in kayak accident, the Waldrop Trail at Brainard was named in honor of both of them. Walt Gove was a Sociology professor at Vanderbilt University and a climber. Loren Adkin, from Juneau, was a pre-med student and the one who thought up the idea for their ski trip across the Juneau Ice Fields.

These four men covered roughly 100 miles on their 1969 Alaskan ski expedition, mostly on skis, but with crampons and ice axes in some places, toting 90 pound packs! Dave good naturedly notes that some may laugh at their 1960's equipment, but their accomplishment is no laughing matter. The men chose to complete the entire trip roped together, not so much because the danger was

great, but rather, since there was no possibility of support, thus the consequences of an accident would have been grim. As a result, a whole code of ethics built up around being roped up this way.

The Boulder Group is pleased to present a ski touring trip this year as our keynote adventure recount and we are eager and excited to see and hear Dave's presentation.

Dave's wife, Janet Robertson, also a long-standing CMC member, will also speak briefly at the Annual Dinner about the new CMC Press book, 100 Years Up High: Colorado Mountains and Mountaineers. The book is being released in celebration of Colorado Mountain Club's Centennial. Jan is one of the book's five authors, along with fellow authors Jay Fell, David Hite, Chris Case and Walter Borneman. We're eager to hear about the book, which will be available for sale that night.

The Boulder Group's Best of Boulder Hikes pack guide book will also be available for sale, along with other CMC press books. Look for the book sales table near the front entrance at the Avalon.

Don't miss out on hearing our exciting speakers, as well as enjoying a chance to see old CMC friends or to make new friends if you are a newer member of CMC. Please join us on Saturday, November 5 for some of the highlights of our year, including some surprise awards from the State CMC. See you there!

Centennial Celebration Climbs

The guidelines for trip leader participation in the Centennial Celebration Climbs to help celebrate the CMC's Centennial Anniversary have changed. Groups are no longer going to be allowed to reserve peaks for their leaders, and more than one leader can lead a trip to a particular Centennial Peak. To participate in this celebration, qualified Boulder trip leaders may now lead a trip to one or more of the Centennial Peaks (top 100) between now and December 31, 2012. Interested trip leaders should email bdwyer192@gmail.com and indicate which trip(s) they wish to lead. Leaders will be responsible for scheduling the trip in the CMC online schedule. Instructions, formats and assistance will be provided to help streamline the leader's participation.

There will be a link at the CMC website (<http://www.cmc.org>) starting March 1st to a spreadsheet of the Centennial Peaks. This will show the sign ups, schedules, completions, trip reports and photos of the trips. Participation in this program will help provide advertisement for the CMC and help allow members to climb the Top 100 peaks.

YEP Volunteers Needed

Volunteers are needed for the following dates/times to help with belaying youth groups. Contact Ryan Johns at RyanJohns@cmc.org.

- Tuesday, October 4th – 1 Wall Volunteer needed from 9:15-1:45
- Wednesday, October 5th – 3 wall Volunteers needed from 9:15 – 1:45
- Thursday, October 6th – 3 Wall Volunteers needed from 9:15-1:45
- Friday, October 7th – 3 Wall Volunteer needed from 9:15-1:45
- Friday October 21st – 3 Wall Volunteers needed from 9:15-1:15
- Thursday, November 3rd – 8 volunteers needed at the wall from 1:15-4:30
- Tuesday, November 22nd – 4 wall volunteers needed from 9:45-1:15

Meet the New Trip Leader

Lorna Greeno is a new Boulder Group A/B Hike leader who we'd like to introduce this month. We congratulate Lorna for volunteering her time and for fulfilling the trip leader criteria.



Lorna joined the CMC in 2004 because she wanted to learn skills to hike and climb the more difficult fourteeners. She had been starting to climb these more difficult peaks, but she says she was, “flying by the seat of my pants.” In addition to advancing her hiking and climbing skills with the Boulder Group, Lorna has been an active volunteer, assisting with the Hiking Schools and helping with the annual cabin clean-ups. Lorna is currently the Secretary of the Boulder Group Council. Lorna’s primary outdoor interest is hiking. She loves Rocky Mountain National Park. One of her goals is to climb as many fourteeners as possible. Professionally, Lorna works as a paralegal for a litigation attorney who handles personal injury. Lorna’s other interests include Iyengar yoga, swimming, and needlepoint. Lorna shares the little known fact that she has an early connection with Boulder, having attended Columbine Elementary School. Congratulations again to Lorna for becoming a Boulder Group Trip Leader!

100 Years Up High: Colorado Mountains & Mountaineers

A book unveiling, authors panel, and slideshow for the Colorado Mountain Club’s centennial book, “100 Years Up High: Colorado Mountains & Mountaineers,” will take place on Tuesday, November 1 at 7:00 pm. The presentation will include an authors panel and slideshow in Foss Auditorium, American Mountaineering Center, Golden.

The Colorado Mountain Club Press is hosting the event to commemorate the 100th anniversary of the Club. Help launch a celebration of mountaineering in Colorado. See stunning images, and hear stories of 20th century mountaineering and Colorado Mountain Club’s leadership role.

The authors’ panel presentation will include Walt Borneman, Janet Robertson, Jay Fell, Chris Case, and David Hite.

Key themes in the book are the inter-related founding of Rocky Mountain National Park and the CMC, the advance of mountaineering, big wall climbing, ever-new equipment, Colorado’s impact on national and global climbing, conservation and preservation, establishment of wilderness areas, cross-country and downhill skiing, and depictions of Colorado mountain landscapes by artists and photographers. Reconnect with long-time CMC members, congratulate the authors, and be among the first to buy the book, which will be available at the event.

Fall Equipment Sale

The sale will be Thurs., November 3, 6-8 pm at the American Mountaineering Center in Golden.

Sellers: For each item you are selling, attach an envelope on which is printed your Name, Item, Selling Price, whether you will accept a check; attach envelope to item. All items must be tagged before bringing them to the sale. Bring your items to the AMC on Wed., November 2 between 5-7pm or Thurs., November 3 in the conference room on the ground level, 3-5:30.

All unsold items must be picked up from the clubroom the night of the sale, by 8:30 pm unless prior arrangements are made with the Sale Coordinator only. Any items left after sale on Friday night will be donated. The office staff will retain sale envelopes for one week after the sale. Any monies not picked up by then will be donated to the CMC.

Any outdoor gear that might be used on a CMC trip is appropriate for the sale, technical clothing only, no street clothes. Also no older model straight downhill skis. All monies go directly to sellers. If you want to donate the sale of your item(s) to the CMC, please note “CMC” on the envelope with the price; checks to be made payable to CMC. CMC is not liable for lost/stolen sale items or items left behind after sale pick up deadline. It is suggested you keep a list of items in the sale to keep track.

BUYERS: Bring varying bills denominations or checks for purchases. No change-making will be made by CMC. Doors open at 6:00 pm; no “early birds” (including sellers dropping off items). Questions? Contact Zoe Katsulos by email (preferred) at zfoto@aol.com or phone, 303-666-7672.

Adopt a Crag Event

Grab some friends and a pair of work gloves and spend a day giving back to the sport you love. The following event will be held on October 15th

Where: Castle Rock, Boulder Canyon, Saturday Oct. 15th, 10am-3:00 pm. Hosted by Boulder Climbing Community. The BCC in partnership with Boulder County Parks and Open Space will be making improvements at Castle Rock in the area between Jackson’s Wall and Tongo. Food, drink, and socializing during and after. Sign up with Tony Bubb (tonybubb@gmail.com). Parking is limited at Castle Rock so please try to carpool. Meet at 9:30 at the west end of the Dome parking area for carpooling. Questions or more information, contact Roger Briggs (rpbriggs@earthlink.net).

Colorado Mountain Club - Boulder Group Annual Dinner, Meeting & Presentation!



Left Photo: Harry Waldrop, Walt Gove, Dave Robertson & Loren Adkin (left to right) with their 90 pound packs! Right Photo: Ski Camp on the Juneau Ice Fields of Alaska.

Featuring a special presentation by:
David Robertson
Skiing the Juneau Ice Fields of Alaska in 1969

David Robertson will share photos and memories of his extraordinary ten day 1969 skiing expedition across the Juneau Ice Fields of Alaska. Dave, a CMC member since 1956, has served many leadership roles in CMC, including five years as the Chairman of the CMC Conservation Committee. Dave will recount the ten day ski trip which he shared with Harry Waldrop, Walt Gove, and Loren Adkin, which to their knowledge, was the first trip of its kind at that time. Their trip also helped to establish a new code of ethics around skiing roped up.



Janet Robertson, Dave's wife, will also briefly speak about the book *100 Years Up High: Colorado's Mountains & Mountaineers*. Jan is one of the book's five authors.

**Saturday,
November 5, 2011**

Avalon Ballroom
6185 Arapahoe Rd., Boulder

Admission: \$10

Food: Potluck & BYOB
(Please bring a food dish to serve at least 6-8 people & label your serving dishes.)

Guests Welcome!

Evening Schedule:

| | |
|--------------------------------|---------|
| Social Hour | 5:00 PM |
| Potluck Dinner | 6:00 PM |
| <i>(Music by Gary Schmidt)</i> | |
| Annual Meeting | 7:15 PM |
| <i>(Music by Gary Schmidt)</i> | |
| Presentation | 8:00 PM |
| Socializing | 9:00 PM |
| Conclusion | 9:30 PM |

**CMC Boulder Group Annual Dinner
RSVP by Mail:**

Please list names of people attending:

Online Sign Up Available:

[http://www.tinv9.com/u/CMC Boulder Annual Dinner](http://www.tinv9.com/u/CMC_Boulder_Annual_Dinner)

-OR- Mail coupon with check to:
CMC Boulder Group
633 S. Broadway, Unit N
Boulder, CO 80305

Number of people _____ @ \$10 each
Total amount enclosed: \$ _____

To volunteer: dinnerhelp@cmcboulder.org
Send pics to: dinnerpics@cmcboulder.org