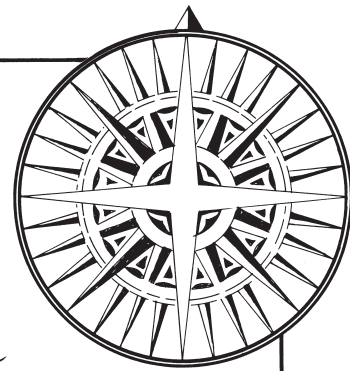




# Compass

THE BOULDER GROUP NEWSLETTER



Volume XXVI Number 11

November 2010

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## Editor's Note

I am delighted to announce that a new Compass editor has been found. To heighten the suspense of this momentous occasion, the volunteer's identity will be announced in the next issue – which will also give me time to write the story! It's been a busy time this fall for your Club's volunteers and Council, especially with the Annual Dinner preparations and the impending Clubroom move. (You *ARE* coming to The Dinner, right?) So, look for a December Compass packed with new information. November is always a transition period in the outdoors, hence the paucity of trips this month; but the mountains' white mantle is growing, as thoughts turn to winter. The Winter Schools will be starting soon, and signup is this Wednesday. Don't miss it!

— Rick Casey, *Compass Editor and Webteam / Council Liaison Person*

## Winter Schools Sign-Up

When: Wednesday, Nov 3, 7 pm  
Where: CMC Clubroom

Come sign up for Winter School classes, including Avalanche Level 1 & Level 2, Ice climbing, Cross country skiing, Area Telemark Skiing, Tele/AT Back-country skiing, AT/Ski Mountaineering, and Winter camping. Applications for all schools will be available. Bring your checkbook! See [www.cmcboulder.org/bms/winterSchedule.html](http://www.cmcboulder.org/bms/winterSchedule.html) for a full schedule of when classes will be taught.

## Annual Dinner: Nov 6

When: Saturday, November 6, 5pm  
Where: Avalon Ballroom,  
6185 Arapaho, Boulder, CO  
Pot luck, BYOB, \$10 members,  
\$15 non-members or at door,  
\$11 online registration

As you should *certainly* know by now, the Annual Dinner for the Boulder CMC is this Saturday. Come out and celebrate your Club! Special instructions: *do not bring utensils* with your pot luck dish! Material to make a label for your dish will be provided. A slideshow of member-contributed pictures will be shown during the social hour. There will also be delightful piano music by member musician Gary Schmidt. The exceptional speaker will be Howard Snyder, whose story of the 1967 Denali expedition who will be accompanied by fellow expedition member Paul Schlichter, both of whom are former CMC members. This will be the first time they have been together to tell this story, which will make the event all the more memorable.

## CMC Summit Registers: Preserving Their History

by Roger Linfield

If you climb many mountains in Colorado, you'll have seen a summit register on the top of a peak. A summit register gives you the chance to sign your name after climbing the mountain, and it lets you read the names of people who have climbed it before you. So many people climb Fourteeners that those summit registers quickly fill up. However, on lower peaks, there are usually many fewer climbers, and summit registers often contain names from five, ten, or more years in the past. The CMC makes some very nice registers, with columns for the date, your name, the city and state where you live, and any comments.

Summit registers are made of paper, so they need to be stored in a protective canister in order to remain dry. A very common type of canister, shown in the first picture, is made of PVC (polyvinyl chloride) and attached to the rock with a cable. PVC tubes are used for high pressure plumbing applications, so they would seem to be a good choice for protecting summit registers. Unfortunately, they don't work very well. More than half the time when I open a PVC canister on a summit, the register inside is soaking wet and unusable. Despite their solid appearance, these canisters leak. I believe that differential thermal expansion and contraction between the tube and cap opens a gap, allowing water to leak in. The annual temperature variation on top of a high peak is large. In addition, the strong solar ultraviolet light at high

*continued on page 4, Summit Registers*

## Completing Trip Reports and Neptune's Coupons

As you may be aware, the Neptune Mountaineering shop has long supported the CMC by offering a 20 per cent discount on any item in the store to every leader of a Boulder CMC trip. With the advent of all trip registrations now being conducted online, there has been a change in how these valuable coupons are distributed; so, Trip Leaders, now hear this! Please remember to complete your trip reports on the CMC website, [www.cmc.org](http://www.cmc.org). For instructions, go to <http://www.cmc.org/trips/#HowToFileTripsOnline>. If you are having difficulties with the web site, contact Sheila at 303-554-7688. If you wish to receive a Neptune's coupon after completing your trip report online, call the clubroom at 303-554-7688 and leave a message to request one. The club should have your current mailing address, but it helps if you provide it in your message.

## Author of New Ellingwood Biography Will Attend Annual Dinner

Jeff Arnold will be selling his biography, *Albert Ellingwood: Scholar of Summits* at the Boulder Group's Annual Dinner, for \$19.95. Jeff, a long-time CMC member from Pueblo, did extensive research on his subject, and drew heavily on interviews with Albert's son, Bob, a long-time Boulder CMC member. The book includes many photographs that have never before been published.

In 1910 Albert Ellingwood became the first Colorado College graduate to become a Rhodes Scholar at Oxford University. In Great Britain he learned techniques that led to his becoming Colorado's premier technical climber. He and a companion made the first ascent of Lizard Head. Albert also led first ascents of Kit Carson, Crestone Peak and Crestone Needle (the last of Colorado's 14ers to be climbed), and first ascents of the Middle and South Tetons in Wyoming. Ellingwood Point is named for him, as well as the Ellingwood Arete on Crestone Needle and the Ellingwood Ridge on La Plata on which he made a solo first ascent in 1921.

He climbed with manila ropes, almost useless by today's standards because they would break during a fall of more than a few feet. But as his frequent climbing companion, Eleanor Davis, remarked, "Albert didn't fall." Raised by a single mother, Albert eventually became a professor of political science first at Colorado College, then at Lake Forest and, finally, at Northwestern University. At the time of his death in 1934, he was in his late 40s.

— submitted by Jan Robertson

## Volunteer Opportunities

### Still Time To Volunteer for the Dinner!

The Annual Dinner Committee all breathed a collective sigh of relief when Don Walker agreed to take on the role of Event Chair. A past Council Chair, and editor of the Compass for some years, as well as a BMS instructor and leader of many trips, Don is well experienced to take on the responsibility. Nonetheless, there are still openings

**Floor Manager** — This is for those command-&-control types who love to tell other people what to do! Basically directing people on the day of the event at the Avalon. Again, not much preparation needed, as there's a plan to follow. Should be able to come between 3-4pm.

**Seating Area Manager** — On the day of the event, this person directs the placing of chairs and tables. Again, a great plan to follow, no other preparation required. Should be able to come between 3-4pm.

**Serving Area Manager** — This person directs how the pot luck food will be laid out on the serving tables, and related matters. Required for day of the event only; easy but important! Can arrive at 5 pm.

If you would like to help with any of these, please email [dinnerhelp@cmcboulder.org](mailto:dinnerhelp@cmcboulder.org). You'll be glad you did!

### Call-out for Dinner Pictures!

Share your pictures from the past year with others at the Annual Dinner! Pic-

tures should be in jpg (preferred), pdf or png format, and not too large in size. You have three ways to submit: 1) send them via email to [dinnerpics@cmcboulder.org](mailto:dinnerpics@cmcboulder.org) 2) upload them at [cmcboulder.org](http://cmcboulder.org), or 3) if you have a lot to share, put them on a CD and drop off or mail them to:

Boulder Group, CMC  
Table Mesa Shopping Center  
633 South Broadway, Unit N  
Boulder, CO 80305

## Open House Night

When: Nov. 17th, 7-8 pm  
Where: At the CMC Clubroom, around the corner from Neptune's

Inviting new and prospective CMC members to learn more about the club and its many classes, trips, and activities. Experienced members will be on hand to share their enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, snow shoeing, cross-country skiing, and more. Invite all your friends that you want to join!

## compass

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**Clubroom Telephone:** 303-554-7688

**CMC information:** [bcmc@cmcboulder.org](mailto:bcmc@cmcboulder.org)

**Website:** [cmcboulder.org](http://cmcboulder.org)

All Boulder members automatically receive the Compass via email.

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

### DISCLAIMER

Events published in the Compass are for informational purposes only. They are not endorsed by the Boulder Group of the CMC except for the events that are explicitly led, taught or instructed by the Boulder Group. The Boulder Group of the CMC makes no assessment as to their merits. Participants are advised to make their own assessment as to whether to participate in these events.

## November 2010 Trips & Activities

*Editor's note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: [cmcboulder.org/Trips](http://cmcboulder.org/Trips).*

*To view trips online and register:*

- ▶ Browse to [www.cmc.org](http://www.cmc.org)
- ▶ Login with your CMC member number and password. For first time users, the default password is your ZIP code.
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
- ▶ Schools require previous signup. Info at [www.cmcboulder.org](http://www.cmcboulder.org)

### Wednesday, November 3

Winter Schools Orientation/Signup  
CMC Boulder Club Room, 7 pm  
Come sign up for Winter School classes, including Avalanche Level 1 & Level 2, Ice climbing, Cross country skiing, Area Telemark Skiing, Tele/AT Backcountry skiing, AT/Ski Mountaineering, and Winter camping. Applications for all schools will be available. Bring your checkbook! See [www.cmcboulder.org/bms/winterSchedule.html](http://www.cmcboulder.org/bms/winterSchedule.html) for a full schedule of when classes will be taught.

### Saturday, November 13

Deer Ridge Trail  
Rocky Mountain National Park  
Moderate Hike, 6 miles round trip, 1,800' elevation change  
A moderate, non-technical, trail up a steep ridge in the heart of RMNP. Must be prepared for possible winter conditions. Should prove a vigorous but not over-taxing hike in late fall/early winter conditions -- good conditioning for skiing! Leader: Rick Casey. Contact [caseyrick@gmail.com](mailto:caseyrick@gmail.com) to join.

Bear Mountain Peak  
Boulder Open Space  
Moderate Hike  
This is the highest point in the Flatirons, a classic hike up a Boulder landmark. Leader: Sam Levis. Contact 303-665-1310 or [samuellevis@hotmail.com](mailto:samuellevis@hotmail.com) to

join.

Backcountry Bash 2010

American Mountaineering Center,  
Golden, 5:30pm

Join us on November 13 for films, food, beer, sales and camaraderie at the start of the 2010 ski season. Chris Davenport will sign books and present his new film: *Australis: An Antarctic Ski Odyssey*. Beer by Avery Brewing Company, sandwiches by Rudi's Organic Bakery, and soft drinks by Oogavé. Silent and live auctions for bargains on skis, boots, vacations and more. Tickets are \$25.00 online and \$30.00 at the door and include food *and* beer; you can beat that with a ski pole! Get yours online before they're gone! Details at [www.cmc.org/BACK-COUNTRY\\_BASH/backcountry\\_bash\\_2010.aspx](http://www.cmc.org/BACK-COUNTRY_BASH/backcountry_bash_2010.aspx)

### Wednesday, November 17

Boulder CMC Open House  
Lecture

Nov 17th, 7-8 pm, Clubroom  
Want to learn more or share your knowledge about the CMC? New and prospective CMC members, join us at this open house. Experienced CMC members, share your enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, snowshoeing, or cross country skiing and more. You're always encouraged to BRING A FRIEND!  
Boulder Leader: Samuel Levis 303-665-1310 [samuellevis@hotmail.com](mailto:samuellevis@hotmail.com)  
Trip#13114

### Thursday, November 18

WeekDAY Warrior Gathering  
Special  
Come share stories and plan activities for weekDAYS. 7-9 Boulder clubroom. Pls bring snack or drink to share. no signups - just show up. Boulder Leader: Jean Aschenbrenner 303-786-9411 [jeanasch@hotmail.com](mailto:jeanasch@hotmail.com) Trip#13377

the Leadership Seminar unless you have completed the on-line training. For more details or to sign-up, please email Cindy Gagnon at [safety@cmcboulder.org](mailto:safety@cmcboulder.org)

## BMS Winter Schools Instructors Wanted

by Cindy Gagnon, Winter BMS Director

All Boulder Group schools provide great instruction thanks to the number of instructors who continue to volunteer their time and energy to share their knowledge. We are always looking for new instructors to keep these courses going. In addition, we are in dire need of a few people with great organization skills to help organize and lead the direction of some of the schools.

Students always wonder "why" so many CMC members volunteer their time to help teach these courses. Personally, being an instructor, sharing my skills with others, is incredibly rewarding. The excitement when someone reaches the top of the ice climb for the first time, the smiles on the faces after a good day of backcountry powder turns, and the laughter of a group of friends who only a few weeks earlier were strangers meeting at the CMC Clubroom for the first AMS lecture, makes it all worth it.

So if you've ever taken one of the winter schools, and would like to come back and help teach, please don't hesitate to volunteer. Or if you have some background and skills that you know would be of value to our winter program, we'd love to have you join our team. Please contact me at [bms@cmcboulder.org](mailto:bms@cmcboulder.org) to volunteer or for more info.

## Leadership Seminar

When: Tues Nov 9, 6-10pm. (Free)

Leadership Training is now a two step process. First, you participate in a self-paced on-line training and complete a workbook. Once you have completed the on-line training and handed in the workbook, there is a one-night seminar to follow. The on-line training material can be found on the boulder group website at <http://www.cmcboulder.org/bms/leadership/leadershipSeminar.html>.

As was announced in last month's compass, you will need to have completed this prior to the Leadership Seminar. You will not be allowed to participate in

*continued in adjacent column*

*Summit Registers, from page 1*

altitudes degrades the PVC, leaving it very brittle. I once had a PVC canister break on me from the tiny stress of being set down gently on a rock. Many times, I've seen broken caps or tubes. A better system is needed.

I've been working on developing a different system for summit register canisters, and have one which seems to work quite well. On a number of Thirteeners, I've seen small glass jars with tiny (non CMC) registers inside. The glass jars keep the registers dry, even after ten years or more. However, there are some drawbacks. For glass jars with metal lids, the lids slowly rust. The tiny registers which fit inside short glass jars don't

have much capacity; they fill up quickly and are not easy to read.

After a little searching on the web, and buying a few samples, I've found some one quart glass jars with tight-fitting plastic lids. With a little modification, a CMC register fits comfortably inside one of these jars. A CMC register is 6.5" wide, and that gives a very tight fit. I trim 3/4" from the right side of the register, allowing it to fit easily while still preserving room



*Summit register made of PVC tube*



*Glass register wrapped in duct tape*

for people to sign.

Glass is almost completely unaffected by high altitude sunlight, but it can break. In order to make these jars more durable, I wrap them in duct tape. The duct tape reduces the chance of breaking if the jars are handled with reasonable care. If a jar should break, the duct tape will keep the pieces from scattering. I have placed these jars on a number of peaks.

If you want more details, or if you'd like some register/canister combinations to place on peaks, let me know; I can be contacted at [rlinfiel@ball.com](mailto:rlinfiel@ball.com).

## **Brainard Cabin Work Party Report**

*by Ron Slutz, Brainard Cabinmeister*

*[Editor's Note: For those members not yet aware, every fall each of the two cabins maintained by the Boulder CMC, Årestua and Brainard, need a full day of work by a group of volunteers to make them ready for winter. This is the Brainard report. In order to reserve the cabin for your own trip, you need to take the training course. A short brief of contact information on how to receive training and schedule a trip follows.]*

It was a beautiful fall day at Brainard with around 25 volunteers. The two main activities of the day were a complete cleaning of the cabin and splitting and stacking wood for the winter. We also loaded in supplies for the upcoming winter.

The wood crew was especially ambitious this year and I believe we have the largest wood pile in many years!

The cabin is ready to provide warmth and comfort for many folks to enjoy over this coming winter season.

As always, we try to keep the cabin "hosted" from 10am to 2:30pm on Saturday's and Sunday's from December 15<sup>th</sup> to April 15<sup>th</sup>, so folks out enjoying the Brainard area can stop by and find a warm place to relax along with a cup of tea, coffee or cocoa.

Please phone only for urgent situations  
Cabins Chair: Linda Gathany, h303-499-1880 - [linda.gathany@gmail.com](mailto:linda.gathany@gmail.com)  
Scheduling: Rob Slutz, c970-988-2544 h970-667-3406.

Payments: We will contact you through PayPal.

Maintenance: (Chief Gnome) Jason Kintzel h303-776-1218 - [jasonkintzel@gmail.com](mailto:jasonkintzel@gmail.com).

Training: Rob Slutz, h970-667-3406 [raslutz@gmail.com](mailto:raslutz@gmail.com).

To reserve spaces, email [brainardcabin@yahoo.com](mailto:brainardcabin@yahoo.com) with how many & which nights. For training, email [brainardcabin@yahoo.com](mailto:brainardcabin@yahoo.com).

To check space available: <http://calendar.yahoo.com/brainardcabin>.

The calendar shows group leader and number of spaces reserved. Click on “month” to get a better view.

Questions? Check the Cabin User’s Handbook:

[http://www.cmcbooulder.org/docs/CabinsCommittee/public/Brainard\\_Cabin\\_Handbook.pdf](http://www.cmcbooulder.org/docs/CabinsCommittee/public/Brainard_Cabin_Handbook.pdf)



*Wood choppers hard at work during the fall 2010 Brainard Cabin work party, Saturday, September 25<sup>th</sup>*

### Compass Ad Rates

\$245	full page
\$150	half page
\$90	quarter page
\$55	eighth page
\$45	business card 2x3"
- ads must be prepaid	
- can be black and white or color in PDF or JPG format.	
- contact: <a href="mailto:compass@cmcboulder.org">compass@cmcboulder.org</a>	