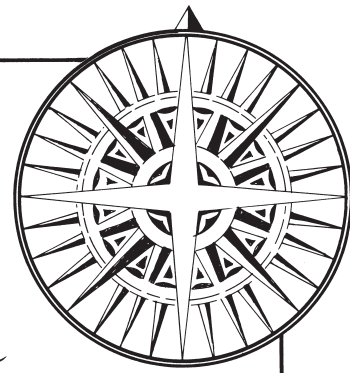




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THE BOULDER GROUP NEWSLETTER



Volume XXV Number 11

November 2009

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## Annual Dinner Saturday, November 7

Don't miss out on an evening of good friends, homemade food, and a documentary film presented by Val Hovland on her successful Everest ascent. She will share her adventures of climbing the Lhotse Face, going over the Hillary Step, and stories of dealing with Chinese-imposed restrictions on the mountains. Guests are welcome! Social hour begins at 5 pm. Potluck dinner begins at 6 pm. Tickets are \$10 and can be purchased through the clubroom or at the door on November 7. Venue: Avalon Ballroom, 6185 Arapahoe Rd. [www.cmcboulder.org/Annual%20Dinner%202009%20Flyer.pdf](http://www.cmcboulder.org/Annual%20Dinner%202009%20Flyer.pdf)

## Photos Needed for the Annual Dinner Slideshow

Having a running slide show of pictures from CMC members during the annual dinner is part of the fun of this great event. We're looking for some new contributions this year so don't be shy - it's lots of fun to see your shots pop up onscreen! Send your digital photographs as an attachment to an email to [dinnerpics@cmcboulder.org](mailto:dinnerpics@cmcboulder.org) with the subject "CMC Annual Dinner pics". Compressed (zip) files preferred for multiple pictures (in Windows, select the files or folder, right-click and 'Send To' compressed folder; easy!).

## On Giving Back

When I receive my annual dues notice in the mail, as I did last week, I grimace and wonder if I can really afford it on such a tight budget. After all, I have enough skills and friends to recreate outdoors without the need of a club. But that hasn't always been the case. When I moved to Boulder ten years ago I had no climbing or mountaineering skills. The CMC provided me an affordable means of learning such skills and I depended on the generosity of my instructors to support and encourage me. There are many reasons for belonging to a mountain club. Some join to learn new skills or find a network of like-minded friends. For others it allows the opportunity to give back to the local outdoor and climbing communities that have given to all of us along the way. Impetus for our actions in life need not always come from what we have to gain. Sometimes it is good to give back - in whatever ways we are able. And for me, being a part of this mountain club seems like such an easy way to give. ♦TD

*It is every man's obligation to put back into the world at least the equivalent of what he takes out of it. ~Albert Einstein*



*One of the fall BRS groups after a successful Spaghetti Practice. From left to right: Alan Chudnow (assistant instructor), Will Sidebotham, Roger Drake, Brenda Leach (senior instructor), Michael Main (assistant instructor), Matt Schneider and Katie Blackett (CEO of the CMC). Photo by Alan Chudnow.*

## Backcountry Bash November 14 at the AMC

For 16 years, the Backcountry Snowsports Alliance has hosted an annual Backcountry Bash—a celebration of the organization and its advocacy work for human-powered winter recreation and a fundraising event for its programs. When the CMC brought the BSA into its family, we knew we had to keep the tradition alive. The American Mountaineering Center will once again host the Backcountry Bash on November 14. Doors open at 5:30 pm. Help us raise money and awareness for our work in preserving backcountry areas for quiet human-powered use, and advocating for management of non-motorized public land areas - we hope to see you, your family, and your friends there! Events include hor d'oeuvres, silent auction, live auction, museum tours, Avery beer, and a screening of the new Powderwhore Production film *Flakes*. To purchase tickets, visit: [www.cmc.org/bash](http://www.cmc.org/bash).

## Boulder Climbing Gyms

Cold weather has arrived and while we're certain that many warm, sunny cragging days lie ahead, many have resigned themselves to the idea that indoor climbing might be better than no climbing at all. While indoor climbing isn't for everyone, Boulder does offer many to stay strong during colder months. Below is a list of local gyms, some offering CMC discounts.

### **Boulder Rock Club**

2829 Mapleton Ave.  
<http://www.totalclimbing.com>  
303-447-2804

### **Movement Climbing + Fitness**

2845 Valmont Rd.  
<http://movementboulder.com>  
303-443-1505

### **The Spot**

3240 Prairie Ave.  
<http://www.thespotgym.com>  
303-379-8806

## Chair's Report

A lot of things have been happening lately. At the State Board meeting on October 17, the State Board voted to raise State dues starting sometime near the first of next year. There will not be an increase in Boulder Group dues. There has not been a State dues increase in 5 years. There will also be a discount on dues for payment for two years. Regular State membership will increase from \$45 to \$51 (or \$92 for two years) and Family membership from \$63 to \$77 (or \$139 for two years). The Student memberships have been replaced by a new class of memberships – Young Adult. Young Adults membership will be \$21 for ages 18 to 25, replacing the current \$45, and no initial admission fee. There are other possible changes to membership classes that are still being investigated.

We are currently negotiating a 2 year lease for our clubroom. This will give us time to investigate other possibilities for relocation. Unfortunately, the club cannot financially afford to continue occupying our current space after this new 2-year lease expires at the end of 2011.

Because of the group's business meeting that will be held at our Annual Dinner, there will be no Boulder Council meeting this month in the clubroom. The normal meetings are held the second Monday of the month. All are invited to attend. Hope to see all of you at our Annual Dinner on November 7.

Respectively submitted,

Dick Munro

Boulder Group Chair

## Electronic Activity Schedule

The CMC state office has made the decision that there will no longer be any printed activity schedule. This means you will need to check the website upcoming trips! For trip leaders there is no official deadline so you will need to be a bit more proactive in submitting trips.



Dick Munro, Nancy Thomadsen, and Holly Freeman on a WeekDay Warriors hike to Diamond Lake.

## BMS Winter School Instructors Needed

We are looking for instructors for all of our winter schools. Check out the website for the schedule and information. If you are interested please email [bms@cmcboulder.org](mailto:bms@cmcboulder.org) or email the school director. Anyone who has taken the schools is encouraged to help teach!



Cindy Gagnon on Denali, Summer 2009.

## New Trip and Instructor Lists

If you are a trip leader or an instructor in any of the BMS schools (or if you are interested in becoming one), then please check out a new feature on the Boulder CMC website. For instructors, see the menu selection Training, then select Instructor Email Lists. For trip leaders, see Trips, then Trip Leader Email Lists. At both webpages you will find various email lists that cover all the schools and types of trips offered. All lists are self-subscribing, meaning you are free to join or leave at anytime. The purpose is to stimulate discussion among these various groups and cultivate interest in those members who aspire to become trip leaders or instructors. Note: These are not intended to be the official lists for BMS instructors or trip leaders, which are maintained separately by the BMS.

## Evening With John Fielder

John will present his newest book *Colorado Ranches* on November 4 at 5 pm at the Rolling Hills Country Club in Golden. Proceeds from sales this evening will go to the non-profit West Denver chapter of Trout Unlimited. This chapter has just finished the Clear Creek Golden Mile project that many CMC members witnessed as they were hiking along Clear Creek last spring. These efforts aimed to help fish in Clear Creek with a better habitat for winter survival. Jackie at 303-503-9356 or [jorgedwards@aol.com](mailto:jorgedwards@aol.com).

## Volunteer Opportunities!

To volunteer call the clubroom or email [clubroom@cmcboulder.org](mailto:clubroom@cmcboulder.org)

## Marketing Internship

Interested in a career in marketing? This part-time, unpaid internship will provide an opportunity to be a part of the inner workings of a local non-profit organization and a chance to develop professional skills in a "real world" setting. The intern will serve as Marketing Committee Chair for the Boulder CMC. Please contact John Fernandez, BCMC Vice-Chair, at [jfasterix@gmail.com](mailto:jfasterix@gmail.com) or 303-726-5189.

## Clubroom Open House

**November 18, 7- 8 pm** New and prospective CMC members, join us. Experienced CMC members, share you enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, showshoeing or cross country skiing and more. You're always encouraged to BRING A FRIEND! Contact Bernel Sawyer at [ebsawyer@aol.com](mailto:ebsawyer@aol.com).

## Clubroom Hosts Needed

Clubroom Hosts are needed Monday through Thursday from 5-7 pm.

## Wanted: Your Stories!

The Compass newsletter wants to hear from you! Please consider sharing your personal stories or consider writing an article of interest for a future issue. Email [compass@cmcboulder.org](mailto:compass@cmcboulder.org).

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**Website:** [cmcboulder.org](http://cmcboulder.org)

**e-Compass subscription:** [cmc.org](http://cmc.org) → login → Personal Data → e-newsletters

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.

## November Meetings & Events

**Tuesday, November 4**

*Winter Schools Orientation and Sign Up*  
7-9 pm

**Saturday, November 7**

*Annual Dinner, 5-9 pm*

**Sunday, November 15**

*Avalanche Instructor Training*

**Monday, November 16**

*BMS Monthly Meeting, 7-9 pm*

**Wednesday, November 18**

*Membership Open House, 7-8 pm*

**Thursday, November 19**

*WeekDAY Warriors Meeting, 7-9 pm*

## Winter Schools

### Winter Schools Announced

The Boulder Group is excited again to offer a variety of clinics and schools for this coming winter season. On the winter schedule are the following clinics: Intro to Cross Country Skiing, Telemark Skiing, Avalanche Training Level 1, Basic Ice Climbing and Winter Camping. In addition, we are offering four advanced schools: Avalanche Level II, Telemark/AT Backcountry Skiing, Advanced Mountaineering School (AMS) and Ski Mountaineering School (SMS). Signups for all clinics begin Nov. 4 at the Boulder Group Clubroom. All the advanced schools are by application only and have various application deadlines. Please check out our website at <http://www.cmcbooulder.org/bms/winterSchedule.html> for the schedule and more information. Applications for all schools can also be found on the web.

### Advanced Mountaineering School (AMS)

Applications for the 2010 session of the Boulder Group's Advanced Mountaineering School (AMS) are available online now (<http://www.cmcbooulder.org/bms/ams.html>) and are due November 16. The AMS teaches mountaineers to

successfully plan and climb peaks in high altitude winter conditions all over the world. Four field trips cover glacier travel, crevasse rescue, winter camping, snow structures, ice climbing, fixed lines, and expedition planning. Students plan and execute an overnight peak ascent in winter conditions for their fourth field trip. Five lectures supplement the field trips with topics such as expedition planning, equipment, high altitude physiology and first aid, training, group dynamics and examples of high peak and expedition climbs. AMS field trips are long, cold days with 4 am start times. Two of them are overnight field trips involving strenuous activity and camping in cold winter conditions. Minimum prerequisites for the school are BMS or BRS and SNOW or equivalent, intermediate snow practice or equivalent; knowledge in placing and using rock anchors; adequate physical fitness; and significant mountaineering experience consisting of multiple peak climbs including technical and snow routes, backpacking, and participation in various winter activities. Enrollment is on an application basis and is limited. Applications and information about the school may be obtained from the clubroom at 303-554-7688. For additional information contact the AMS director, Val Hovland at [sailinval@yahoo.com](mailto:sailinval@yahoo.com) or 720-331-0626.

### Cross Country Ski Clinic

If you've not tried backcountry ski touring or would like to improve your technique, this is the class for you! It's aimed at beginners (never been on skis), novices (some downhill or cross-country experience) or beginning intermediate (some experience but want to improve your skill level). The evening seminar covers an overview of the sport, clothing, equipment, technique and rentals in a lecture at Neptune Mountaineering on Tuesday, Dec 1, 7-9p.m. Field trips are held the two Saturdays of Dec 5 and 12 working on the diagonal stride, uphill and downhill techniques, and turns. Field trip participants must be fit enough to handle a full day of moderate exercise at altitude. We encourage beginners to attend both field trips. Call Bob Olson for more details at 303-443-3280. Anyone can attend the classroom seminar but participation in the field trips is limited to club members who pay the \$40 class fee and complete the application form,

which is available at [cmcboulder.org](http://cmcboulder.org), at the Clubroom, and Neptune's beginning Nov. 4. The class filled last year at the winter schools registration night so sign up early if you want to participate!

## November Trips

*Editor's note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: [cmcboulder.org/Trips](http://cmcboulder.org/Trips).*

*To view trips online and register:*

- ▶ Browse to [www.cmc.org](http://www.cmc.org)
- ▶ Login with your CMC member number and password. For first time users, the default password is your ZIP code.
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
- ▶ Schools require previous signup. Info at [www.cmcbooulder.org](http://www.cmcbooulder.org)

**Saturday, November 14**

*Big Thompson Canyon Top Roping*

Experience some great but lesser known topropes in the Big Thompson Canyon west of Loveland. Will start at Cyclops and move on to Practice Rock if time permits. 5.6-10 range. Newer climbers, recent grads preferred.

Leader: Gary Schmidt 970-481-1048  
[gsch@frii.net](mailto:gsch@frii.net)

**Future Trips and Activities**

*Death Valley Hiking, 2/28-3/5, 2010*

Enjoy the beauties of Death Valley next spring. During the week you will visit the park Visitor Center and Museum, conduct several A or moderate B hikes as well as visit Scotty's Castle. Costs are \$998 including transportation to and from Las Vegas airport, hike transportation, lodging, meals. Non-refundable deposit due 9/15. For more information contact Terry Hardie [tnjhardie@msn.com](mailto:tnjhardie@msn.com) or Sharon Silva [ssilva@q.com](mailto:ssilva@q.com)