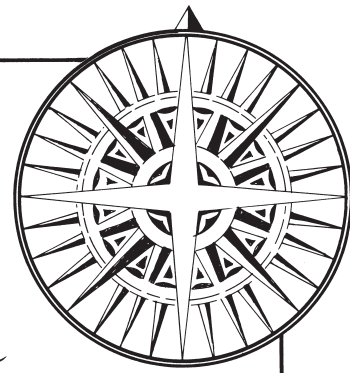




# Compass

THE BOULDER GROUP NEWSLETTER



Volume XXV Number 9

September 2009

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## The Compass Is Going Green!

Beginning in November, the Compass will be published in its electronic version only (the *e-Compass*). The decision was based on the substantial cost of printing the newsletter and will align with the club's conservation efforts to reduce paper production. The Compass will be sent to your email each month. Also, current and past Compass issues are always available on the Boulder CMC website. If you have not already done so, please sign up to receive the *e-Compass* by following the steps below.

1. Login to [cmc.org](http://cmc.org)
2. Click 'Personal Data' in left panel.
3. Ensure your email is correct.
4. Scroll to bottom. Click 'Go Paperless'

Questions: [chair@cmcboulder.org](mailto:chair@cmcboulder.org)

## Årestua Hut Gets A Face Lift

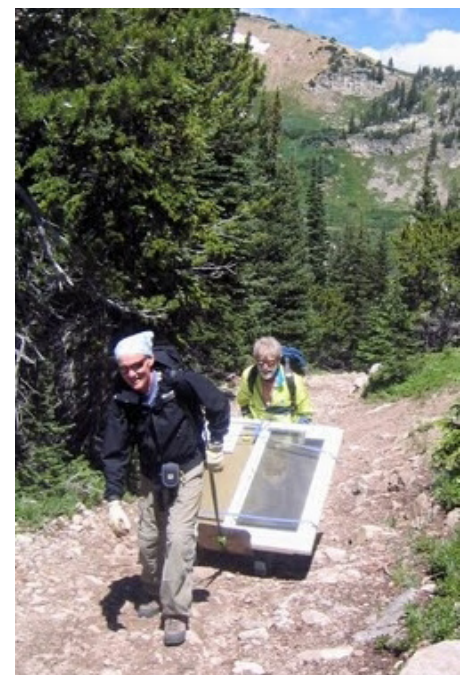
August 1st was an epic day as a team of 11 volunteers carried cedar siding and a new window up from Yankee Doodle Lake to the Årestua Hut. Steve Priem, Matt Phillips and Matt Myers did a beautiful job of installing the siding and window on the east facing, sun-baked side of the hut. For those who are not familiar with the Årestua Hut (Guinn Mountain Cabin) here is a little history given to me by the original builder of the hut, Ingvar Sodal. By 1968, ski touring in Boulder had started to take hold, and there was a growing need for ski trails and destinations for ski tours. Ski trails were already established from Red Rocks Lake to the Brainard Lake Cabin. The Piffner Hut



by Hart Lake, completed a few years earlier, provided a nice destination point for a ski tour starting at East Portal. The idea for another ski hut in the Jenny Creek/Rollins Pass area with a starting point at Lake Eldora was explored by ski touring CMC members. In 1969 the Public Service Company built a gas pipeline between the Western Slope and the Boulder-Denver area. The line was laid from Winter Park over Rollins Pass and down through the Lake Eldora ski area. This meant that for the summer of 1969 there would be a construction road that could be used to bring materials for a ski hut into the area near Rollins Pass. CMC ski touring members made plans for constructing a new hut for ski touring during the summer of 1969. Most of the materials were donated by Kaibab Lumber Company, and the Boulder Group of the CMC put up the money for construction. A friendly Forest Service ranger in Boulder, a cross country skier himself, facilitated the approval process. Preparatory work with the foundation and assembling of building materials started in the early part of the summer. The hut was built during two large work parties over two weekends where more than 30 people participated each day, and a few

people spent Labor Day weekend doing inside finishing work. By the time the first snow of 1969 flew, the Årestua hut was ready for use, although improvements continued to be made over the next couple of years. Over the next couple of decades the hut was maintained by Ingvar himself. Later Steve Priem, Otto Verdoner, Jim Bock, Dale and Christi Greenwood and Dave Robertson assumed maintenance responsibilities. The hut is open for all who wish to use it, and no reservations are required. However there is an informal reservations calendar now in place, but it will remain a first come, first served hut. Usage of the hut has been up this year from previous years and we would like to see this trend continue. If you plan on staying overnight at the Årestua Hut please send an email to [arestuahut@gmail.com](mailto:arestuahut@gmail.com). Also volunteers are needed for the annual work party on September 19th.

~submitted by Mark Buchanan



*Rick Casey and Steve Priem carry the new tempered glass window to the Årestua Hut.*

## Chair's Report

I hope you all enjoying summer in the mountains after a long prolonged spring. One benefit is that the wildflowers have been out in full force. Currently, the State Board is reviewing dues. Their initial recommendation is for an increase in state-level dues, but only for cost of living since the last time they were raised in 2004. That amounts to about \$6 for a regular membership (about \$1 per year). There are also several other proposed changes to membership categories and rates as compared to the regular membership. I will keep you posted as the State study progresses. If you have any comments, please send them to me at [chair@cmcboulder.org](mailto:chair@cmcboulder.org). Looking forward to the next few months, our Annual Dinner is scheduled for the night of November 7. So please reserve this date on your calendar. Our fall schools start the first part of September and we are finishing up leading all the hikes described in the CMC publication "The Best Boulder Hikes" – all 20 of them.

Respectively submitted,  
Dick Munro  
Boulder Group Chair

## New Trip Leader

We want to extend a congratulations to Mike Anstett for becoming a new Ski Mountaineering trip leader! Mike moved to Colorado in 1986 and joined the CMC in 2004. He was attracted to the CMC for its wide range of challenging mountaineering activities. Mike took BMS and then the Ski Mountaineering School was a goal for him to complete. Mike has been on a lot of very enjoyable CMC ski trips. Quandary Peak has been one he's really enjoyed, every time he's done it. Those tele turns down through 10 inches of powder make for a perfect day! All the wonderful people Mike's met on the trips made the experience even better. For members who are considering taking some of the courses offered by the Boulder Group, Mike says "Go for it! The CMC courses are top notch. The people involved with the schools have a passion for their sport and they love sharing that with their students. It is a great opportunity to tune or acquire new skills. There is a great camaraderie between the instructors

## Upcoming Classes

### Fall Alpine Rock School

Lectures on 8/26 and 9/2; Field Trips on 8/29, 8/30 and 9/12 (or 9/13). Contact Ted at [ars@cmcboulder.org](mailto:ars@cmcboulder.org).

### CPR - Wednesday, Sept. 9

The course will be held from 6-10pm. The cost is \$15. Email Cindy at [safety@cmcboulder.org](mailto:safety@cmcboulder.org) for more information.

### Wilderness First Aid Sunday, Sept. 13

The course will be held from 8am-6pm. The certification is through the American Safety and Health Institute which is valid for 3 years and recognized internationally. \$75 includes books, handouts and references cards. Email Cindy at [safety@cmcboulder.org](mailto:safety@cmcboulder.org) for more information.

### Trip Leadership Seminar Thursday, Sept. 17

A free seminar, offered from 6:00-10:00pm at the Boulder Group Clubroom. In addition to attending this lecture, there will be some on-line training you must complete prior to Sept 17. Please send an email to Cindy at [safety@cmcboulder.org](mailto:safety@cmcboulder.org) to sign up.



*Mike Anstett enjoys his favorite winter sport*

and the students." Mike is also working towards becoming a Group I rock trip leader. We look forward to Mike's trips! We encourage our members to become trip leaders. If you're interested, go to [www.cmcboulder.org/trips](http://www.cmcboulder.org/trips).

## Volunteer Opportunities!

*To volunteer call the clubroom or email [clubroom@cmcboulder.org](mailto:clubroom@cmcboulder.org)*

### Boulder Vice Chair

A nominations committee is looking for an experienced club member for the position of Boulder Council vice-chair. The recommended candidate would be presented to the membership for a vote at the annual dinner in November. If you are interested in this position or know of someone you think would like to serve the club in this capacity, please contact John Fernandez at [vicechair@cmcboulder.org](mailto:vicechair@cmcboulder.org) or 303-726-5189.

### Clubroom Hosts Needed

Clubroom Hosts are needed Monday through Thursday from 5-7 pm

### Clubroom Open House

**September 16, 7- 8 pm** New and prospective CMC members, join us. Experienced CMC members, share your enthusiasm and knowledge about hiking, camping, peak bagging, rock climbing, showshoeing or cross country skiing and more. You're always encouraged to BRING A FRIEND! Contact Bernel Sawyer at [epsawyer@aol.com](mailto:epsawyer@aol.com).

### September 24, Mailing Party

Come to the clubroom and help mail out the October Compass. Drop in at 5:30 pm.

## compass

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**Website:** [cmcboulder.org](http://cmcboulder.org)

**e-Compass subscription:** [cmc.org](http://cmc.org) → login → Personal Data → e-newsletters

We welcome announcements, articles, letters, artwork, and photos, especially from recent CMC trips and events.



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# September 2009 Trips & Activities

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*Editor's note: The following is a list of BCMC trips and events for the month. It is possible for trips to be changed or posted after this issue goes to press. Please check online for current trip status, to see club trip policies, or to learn about becoming a trip leader: [cmcboulder.org/Trips](http://cmcboulder.org/Trips).*

*To view trips online and register:*

- ▶ Browse to [www.cmc.org](http://www.cmc.org)
- ▶ Login with your CMC member number and password. For first time users, the default password is your ZIP code.
- ▶ Click on 'Trip Signup' in left margin
- ▶ Enter trip selection parameters (CMC group, date range, etc) & click Search
- ▶ To register, click Register
- ▶ For Boulder trips, you must contact the leader by phone (preferred) or email; for Denver trips, you may register online.
- ▶ Schools require previous signup. Info at [www.cmcboulder.org](http://www.cmcboulder.org)

## Tuesday, September 1

*Hiking 1 Lecture, Wilderness Survival*  
Janine Fugere 303-564-9702  
[janine\\_fugere@yahoo.com](mailto:janine_fugere@yahoo.com)

## Wednesday, September 2

*Alpine Rock School Lecture*  
Ted Handwerk [ars@cmcboulder.org](mailto:ars@cmcboulder.org)

*After Work Social Hike, Mod. A, Casual*  
Steven Haymes 303-444-4765

## Thursday, September 3

*Hiking 1 Lecture, Wilderness Survival*

## Tuesday, September 8

*Basic Rock School Lecture*  
Steve Poulsen 303-258-7552

## Wednesday, September 9

*After Work Social Hike, Mod. A, Casual*  
Marilyn Fellows 303-499-6099  
[Marilyn@Gracie-Realty.com](mailto:Marilyn@Gracie-Realty.com)

## Thursday, September 10

*WeekDAY Warrior Gathering Special*  
Jean Aschenbrenner 303-786-9411  
[jeanasch@hotmail.com](mailto:jeanasch@hotmail.com)

## Saturday, September 12

*Alpine Rock School Field Trip*

*Brainard Cabin Work Party*  
6-8 people are needed to stain the outside of the Brainard Cabin.  
[jasonkintzel@gmail.com](mailto:jasonkintzel@gmail.com)

*Indian Peaks Classic Series*  
*Moderate D, Sawtooth Mtn*  
Phil Congdon 303-926-1408  
[pcfrefly@gmail.com](mailto:pcfrefly@gmail.com)

*Hiking 1 Wilderness Survival Field Trip*

*Rewritten 5.7, II Climb*  
John Fernandez 303-726-5189  
[jfasterix@gmail.com](mailto:jfasterix@gmail.com)

## Sunday, September 13

*Alpine Rock School Field Trip*

*Mainliner 5.9, III Climb*  
*Sundance Trilogy Part Three*  
Larry Pedigo 303-960-8627  
[larry\\_pedigo@yahoo.com](mailto:larry_pedigo@yahoo.com)

## Tuesday, September 15

*Basic Rock School Lecture*

## Friday, September 18

*Bastille Crack 5.7, II Climb*  
Gary Schmidt 970-481-1048  
[gsch@frii.net](mailto:gsch@frii.net)

## Saturday, September 19

*Årestua Hut Annual Work Party*  
Mark Buchanan 303-717-1187  
[arestuahut@gmail.com](mailto:arestuahut@gmail.com)

## Saturday, September 19–September 20

*Basic Rock School Field Trip*

## Sunday, September 20

*Lookout Mountain Loop, Moderate B*  
Steven Haymes 303-444-4765

## Tuesday, September 22

*Hiking 2 Lecture, Navigation & Route Finding*

## Wednesday, September 23

*After Work Social Hike, Mod. A, Casual*  
Rada Perovic 303-985-3263 [radap-erovic@msn.com](mailto:radap-erovic@msn.com)

## Friday, September 25

*3rd Flatiron East Face, 5.4, I Climb*  
Bruce Immele 303-903-4517  
[bimmele@msn.com](mailto:bimmele@msn.com)

## Saturday, September 26

*Supremacy Rock, Top Roping in Eldo*  
Mary Walker 303-666-7199  
[mawalkerco@comcast.net](mailto:mawalkerco@comcast.net)

## Saturday, September 26–September 27

*Brainard Cabin Annual Work Party*  
Jason Kintzel 303-776-1218  
[cabins@cmcboulder.org](mailto:cabins@cmcboulder.org)

*Basic Rock School Field Trip*

## Tuesday, September 29

*Hiking 2 Lecture, Navigation & Route Finding*

## Wednesday, September 30

*After Work Social Hike, Mod. A, Casual*  
Karen Baldwin 303-420-8162  
[karenbaldwin@hotmail.com](mailto:karenbaldwin@hotmail.com)

## Future Trips and Activities

*Death Valley Hiking, 2/28-3/5, 2010*  
Enjoy the beauties of Death Valley next spring. During the week you will visit the park Visitor Center and Museum, conduct several A or moderate B hikes as well as visit Scotty's Castle. Costs are \$998 including transportation to and from Las Vegas airport, hike transportation, lodging, meals. Non-refundable deposit due 9/15. For more information contact Terry Hardie [tnjhardie@msn.com](mailto:tnjhardie@msn.com) or Sharon Silva [ssilva@q.com](mailto:ssilva@q.com)

# compass

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## Monthly Program: Colorado Canyon Country Wilderness Tuesday, September 8, 7pm

(rescheduled from April)

Enjoy a photo journey with Kurt Kunkle (head of Colorado Environmental Coalition's Mapping Project) through the treasures of Colorado's canyon country, hidden red rock canyons, scenic river corridors and superb wildlife habitat and learn about the efforts to protect these unique places and help save them! A social hour in the clubroom starts at 6pm so bring your favorite beverage and snack to eat or share.

## November 7, Annual Dinner

This will be a potluck dinner held at the Avalon Ballroom. Val Hovland will present the documentary film she made of her successful ascent of Mt. Everest! She will share her perspectives on climbing through the icefall, up the Lhotse face, over the Hillary Step, as well as stories of dealing with the Chinese-imposed restrictions on the mountain that year. Expect a fun-filled evening and a great opportunity to mingle with your CMC friends. Save the date!

## 2009 High Altitude Mountaineering Seminar

The High Altitude Mountaineering Section of the Denver Group will present this seminar consisting of six sessions on consecutive Wednesday nights beginning October 7, from 7:00 p.m. to approximately 9:30 p.m. Attendance of the seminar is a prerequisite for admission to the High Altitude Mountaineering School. Experienced climbers will present lectures on topics as diverse as organizing an expedition, fitness and conditioning, nutrition and menu planning, high altitude and cold weather medical issues, and group dynamics. Mountaineering slide shows from around the world will be featured to complement and expand upon the lecture topics.

To register call the CMC office, sign up online with your credit card, or send your name, address, phone number, and check made out to "CMC" to the CMC office. Please note "HAMS Seminar" on your check. For more information, contact either Margaret Turner at [pas-katurn@msn.com](mailto:pas-katurn@msn.com) or Michele Graves at [hikinggirl@me.com](mailto:hikinggirl@me.com).

## Reserve or Rent the Clubroom!

If you have a CMC EVENT where you need to use the clubroom, remember to *reserve* it first. Go to [www.cmcboulder.org/calendar.html](http://www.cmcboulder.org/calendar.html) to check the schedule.

If you have a NON-CMC EVENT, you will need to *rent* the clubroom. See our rental policy at [www.cmcboulder.org/clubroomPolicy.html](http://www.cmcboulder.org/clubroomPolicy.html). We have audio-visual projection, seating for about 60, kitchen, wireless internet connectivity and the best room rates in town!

For info or to request your reservation:  
[clubroomreservations@cmcboulder.org](mailto:clubroomreservations@cmcboulder.org)

### Compass Ad Rates

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\$55	eighth page
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- contact: <a href="mailto:compass@cmcboulder.org">compass@cmcboulder.org</a>	