

THE COLORADO MOUNTAIN CLUB  
**BOULDER GROUP**

**Established 1920**

633 South Broadway, Unit N,  
Boulder, CO 80305  
(303)554-7688

[www.cmcboulder.org](http://www.cmcboulder.org)

email: [bcmc@cmcboulder.org](mailto:bcmc@cmcboulder.org)

**CLUBROOM HOURS:**

Monday to Thursday 5:00 to 7:00 p.m.

**DIRECTIONS:** Round the NW corner from Neptune Mountaineering

**NEW MEMBER ORIENTATION:**

Orientation gatherings are held 3<sup>rd</sup> Wednesday on odd numbered months. See Compass for dates. Slides are shown, and new and old members have an opportunity to get acquainted with the club and each other.

**ACCESS TO WEBSITES:**

Call the office in Golden, 303-279-3080, for your user name and password to access the state web site at [www.cmc.org](http://www.cmc.org). You may update your personal information on the state website.

No username and password is necessary for accessing the Boulder Group website, [www.cmcboulder.org](http://www.cmcboulder.org)

**SUMMER AND WINTER ACTIVITY**

Dates, locations and information about schools and activities will be announced in the Boulder Group newsletter, *Compass*, and online at [www.cmcboulder.org](http://www.cmcboulder.org) or [www.cmc.org](http://www.cmc.org).

**SCHEDULES:** All the hikes, climbs, ski tours and other trips sponsored by the various CMC groups throughout the State are shown on the CMC State website ([www.cmc.org](http://www.cmc.org)). As a

member of our statewide organization, you are welcome on all trips regardless of which group sponsors them. Each trip is classified by difficulty so that you may choose those that fit your present ability level. Our leaders are volunteers, so there is no charge, except minimal carpooling fees for going on trips. Explanations of trip classifications and answers many other questions about trips can be seen on the website.

**REGISTERING FOR TRIPS:** In the Boulder Group, you may sign up directly with the leader for a trip. Please contact the leader no more than 30 days in advance of the trip. Members must have signed their current annual waivers, and guests must sign a waiver at the trailhead.

**BOULDER SCHOOLS:**

**Hiking I:** Two evening lectures and an all-day field trip cover basic equipment, trip planning, clothing, wilderness survival, shelter, fire, signaling for rescue and the "Ten Essentials"

**Hiking II:** Two evening lectures and an all-day field trip cover weather, nutrition, route-finding, navigation with map and compass and trip planning.

**GPS Navigation School:** Two evening lectures and an all day field trip cover a review of map and compass from Hiking II, how to plan a trip with a GPS, and how to navigate in the field with a map and compass, a map and compass and a GPS, and a GPS alone.

Prerequisites: Hiking I & II. Students are required to provide their own compass and GPS.

**Backpacking School:** One evening lecture, a one-night overnight field trip, and a two-night overnight field trip cover equipment, trip planning, site selection, meals, finding water, caching food, and leave-no- trace principles.

Choice to attend either or both field trips.

**Basic Rock School:** Two evening lectures and

three all-day field trips cover equipment, safety systems, knots, rope handling, belaying, rappelling, top-roping, multi-pitch climbing, self-rescue, and emergency management.

**Rock Leading School:** One evening lecture and three all-day field trips cover equipment, safety, building anchors, placing protection, rope drag, fall forces, the mental aspects of leading, and emergency management.

**Basic Snow Travel:** One evening lecture and an all-day field trip covers equipment, clothing, hydration, weather and sun protection, soft-snow travel, kicking steps and using the ice axe for self-belay and self-arrest.

**Intermediate Snow Travel:** One evening lecture and two all-day field trips cover equipment, steep- snow and hard snow travel, crampon use, roped travel, snow anchors and belaying, and using the ice axe for belaying.

**Advanced Mountaineering School:** Three evening lectures and four all-day field trips cover expedition planning, winter camping and climbing, ice climbing, and glacier and crevasse rescue.

**Other Schools & Clinics:** Telemark Skiing, Tele/AT Backcountry Skiing, Winter Camping, Avalanche Level I & Avalanche Level II, Ice Climbing and Ski Mountaineering.

**Mountain Oriented First Aid:** MOFA and CPR classes will be advertised in the *Compass and GPS*.

**INTERESTED IN LEADING TRIPS OR TEACHING?** Trip leaders must have co-led at least two trips and be recommended by their trip leaders. You must attend a leadership seminar and obtain First Aid and CPR cards. See [www.cmcboulder.org/#tripleaders](http://www.cmcboulder.org/#tripleaders) for more information

**CONSERVATION:** Since its inception in 1912 the CMC has had a strong commitment to

conservation. Boulder Group members encouraged the designation of Rocky Mountain National Park, were part of the Wirth Committee negotiating Wilderness status for the Indian Peaks and in 1980 did surveys of the Never Summer and Neota Flatops, which then became wilderness. \$5.00 of every Boulder Group membership fee is donated to conservation. CMC members work closely with the National Forest Service on trail construction and maintenance on recreational management.

**MONTHLY PROGRAM:** A slide talk on some aspects of mountaineering or world travel is held each month. These programs are free and open to the public. .

**ANNUAL DINNER:** This club-wide event usually occurs in early November and offers an opportunity to enjoy an excellent meal, and slide / talk program presented by a special guest speaker.

**LIBRARY:** The Clubroom houses a small but select collection of mountaineering books and periodicals which members may check out. We also have an extensive collection of Colorado topographic maps. They are for reference only at the Clubroom. A much more extensive library is located in the State CMC offices in Golden for reference use.

**CABINS:** The Boulder Group built the *Brainard Cabin* in 1928. The cabin is located at 10,405' in the Brainard Lake area. It provides easy access to the Indian Peaks Wilderness.

The cabin is hosted on winter weekends and is open to all winter travelers. All other times it is locked. It may be reserved for overnight use by

up to twelve people. The cabin is supplied with basic necessities; users must provide food, sleeping bags, and flashlights. Minimal user fees are charged to support cabin maintenance. To make overnight reservations email Cabins@cmcboulder.org with your dates and full name, home address and phone number.

The Boulder Group also built the *Arestua Cabin*, located at approximately 10,000' on Guinn Mountain. The cabin has a wood-fired cook stove and accommodates six to eight people overnight on built-in bunks and in a loft. This primitive cabin only provides basics so bring sleeping bag, food, water and utensils with you.

Access is from the Jenny Creek Trail that runs behind the Ho Hum lift at the Eldora Mountain resort. Parking and trail access is provided near the stone pillars marking the entrance to the resort. The trail is well marked but steep and narrow in many places. Cabin use does not require reservation and is available on a first-come, first served basis. However, please call the Clubroom if you intend to stay overnight. Maintenance donations are accepted.

More information about our cabins is available at [www.cmcboulder.org](http://www.cmcboulder.org).

Please help maintain the cabins by participating in the annual woodcutting/ cleanup party scheduled in late summer.

#### **PUBLICATIONS RECEIVED BY**

**MEMBERS:** Members receive the quarterly magazine "Trail and Timberline" which has been published continuously by the State CMC since 1920, in either hardcopy or online, and *Compass*, the Boulder Group monthly newsletter online. *Compass* welcomes news, articles, photographs and artwork concerning the Boulder Group. This information should reach the Clubroom by the second Monday of

each month or e-mailed to the editor, [compass@cmcboulder.org](mailto:compass@cmcboulder.org).

Our electronic newsletter, GPS, is sent out once a week. To subscribe, send you email address to [gps@cmcboulder.org](mailto:gps@cmcboulder.org).

**FOR SALE AT THE CLUBROOM:** Boulder Group's own Boulder Mountain Park Trail Map and Brainard Ski Area Map are on sale at the Clubroom. Our "The Best Boulder Hikes" is a pocket guide to excellent local hikes.

**COUNCIL MEETINGS:** The Boulder Group Council meets the second Monday of every month at 7 p.m. in the conference room at the Clubroom. Meetings are open to all members.

**RENEWAL:** Your membership is good for a full year from the date of your joining. For your convenience before that date you will be sent a renewal notice from the State CMC office. A new waiver will also be included for your signature as the State Board requires a new waiver to be signed each year.

**CHANGE OF ADDRESS:** Either change your address on line at [www.cmc.org](http://www.cmc.org) or send change of address information directly to the State Office at :

Colorado Mountain Club  
710 10<sup>th</sup> St, Suite 200, Golden, CO 80401  
or call (303) 279-3080

*You need not know anyone to sign up for a trip. There are no strangers in the mountains only friends that we have not met.*

**Boulder Clubroom is located at the NW corner of the Neptune Mountaineering Building, Broadway and Table Mesa Drive**